

## **7 DAYS NSS SPECIAL CAMP REPORT 2014-15**

### **NSS CAMP DAY-I**

After a heavy rain fall since the past two days, as the NSS volunteers entered the college campus, there was a sun break in the clouds. All the students assembled in the ground in the presence of NSS Coordinators, Dr. Rosy Walia and Mr. Amarpreet Singh and the faculty members thereby increasing the enthusiasm of the students.

On the commencement of the day at 9:15 am, NSS volunteers were asked to run around the campus with the mission to make them fit for the camp. After a tiring run they went through some physical exercises to make them strong. At 10:30 am, they were distributed some duties according to their interests and everyone was content after the allotment of the duties. At 11:30 am Dr. Rosy Walia briefed about the plans and activities that would be organized during the camp like visit to our adopted village Khajeri, collection of newspapers and donating them to a NGO etc. The most awaited person of the day Mr. Bikram Rana, State Liaison Officer, NSS Cell, Chandigarh, arrived at 12:40 pm and inaugurated the camp by enlightening the volunteers regarding the importance of the NSS Special Camp and brought to the notice that GCCBA was the first college to organize the NSS Special Camp for the session 2014-15. He shared some wise words and discussed his valuable thoughts with the NSS volunteers that some subjects could change their experience of college like personal development of the students, personal training, attitude training and classroom to community practice. At 2 pm lunch was served to the chief guest, along with the Principal and the NSS coordinators who were joined by the faculty members and the NSS volunteers. After lunch, the NSS volunteers were taken to Khajeri, the adopted village of the college for interaction with the residents there. Thereafter after returning to the college the boys and girls went in the ground and tried to be more interactive with each other and they played some games together which increased their interaction level. This is how the first day of NSS camp concluded with everyone looking forward to the next day.

### **NSS CAMP DAY-II**

The second day of the NSS camp began with its usual fervor and cheerful participation of the NSS volunteers. Just like a machine is warmed up before the actual action, the volunteers were taken out of the winter jitters by doing some exercises which included running, stretching and yoga. After the exercise session, breakfast was served to the students along with tea. Thereafter, the volunteers indulged themselves in cleaning the college premises with the help of brooms. Not only the canteen but also the lawns and the parking area were swept clean. Heaps of garbage were collected and thrown away in the bins. After the tiring cleanliness session, the volunteers proceeded to Khajeri for some interaction with the residents and making them aware regarding the social issues, specially the cleanliness drive emphasizing on the 'Swachh Bharat Abhiyan'. After that everyone departed for the college where everyone was served with an elaborate lunch which everyone enjoyed with the NSS Coordinators and faculty members.

Later, to sensitize the volunteers on GENDER and issues related to it, the 'Gender Sensitization Society' of the college arranged a guest-lecture that was conducted by Ms. Prabhjot Kaur, State Co-ordinator at State Resource Centre for Women. She discussed the very primal institution of gender and why the youth should be aware and overt as to how they perceive gender equality and practice it. She came up with simple day-to-day examples and some of her real life experiences that made everyone ponder hard if everyone did their bit or not. This eye-opening seminar ended with a cheerful audience. The volunteers were congratulated and appreciated for their performance and then asked to disperse.

### **NSS CAMP DAY-III**

Even though the morning was foggy, the third day of the NSS camp still began with the same energetic exercise session. The volunteers were not only energetic but so much enthusiastic that even the climatic hurdles couldn't stop them. Then our principal Mrs. Manjit Brar along with the staff members, the volunteers and the non teaching staff prayed for all the children and teachers who lost their lives in the terrorist attack at Peshawar (Pakistan) followed by two minutes silence for the departed souls. After this, the volunteers were served with the breakfast and tea followed by a short break. Then the volunteers, along with the NSS members, marched to village Kajheri where a survey was conducted and questions were asked to the village people regarding their lifestyle. This was followed by the lunch that was served in the college premises. After lunch an interactive session was organised by the Literary Society 'Word Visharad' in which Dr. Pahlad Rai Aggarwal, former Deputy Director Higher Education of Chandigarh Administration and the FOUNDER and Former Principal of GCCBA, was the guest of honour. He talked about "Life is a mystery" which, according to him, could be understood either with mind or heart. He concluded on the fact that both logic as well as nature are important. It just depends on us as to how we look at life and accept it. The students were then asked to disperse.

### **NSS CAMP DAY-IV**

Yet another cold foggy day but the unstoppable energetic NSS volunteers began the fourth day of the NSS camp with the same exercise session. The volunteers warmed themselves up and got ready for the rest of the camp. Thereafter, the volunteers were served with the breakfast followed by a short break. After finishing with the food, as a part of the activities planned by 'Gestione', the Management Club of the college, the volunteers and the members assembled to visit the construction site of our new college building. Everybody roamed about the building, witnessed the on-going construction, enjoyed on the terrace. After that the volunteers along with the faculty proceeded to Khajeri, for some merriment with the school children there. After spending quality time with the students at Khajeri, everyone returned back to the college premises. The volunteers and the members were then served with delicious lunch. This was followed by a small mimicry cum dance session organised by the students alongside the bonfire. The volunteers as well as the members of the NSS tapped their feet on the music and enjoyed the evening. Everyone was then asked to disperse.

### **NSS CAMP DAY-V**

Even though the weather remained chilly, day five of the NSS Camp began with the prayers followed by the same exercise session which included races and other running activities

which not only boosted up the volunteers' energy but also made the morning enjoyable. Thereafter, the students were served with the breakfast and tea and asked to assemble to proceed to Khajeri for another interactive session with the residents. On returning to the college, the members of the 'Drug Awareness Society' had arranged for some documentaries on Drug Awareness in order to make the NSS volunteers aware of the destruction being caused due to Drug Addiction.

The first documentary named "The Glut" presented the poor condition of Punjab due to drug consumption and also the destruction being caused to the families. The second documentary named "The Secret-2: The Compass" presented the ways in which one can change and lead a better life. Witnessing Punjab's condition was breath taking while the other documentary was a silver lining. Then the volunteers and the NSS members were served with the lunch followed by a nukad-natak on "Drug Awareness" presented by the students of our college. Thereafter the students were asked to fill up a questionnaire which revealed the personality of every person. Then there was an interactive session by Dr. Manoj Bhambu, the convenor of the Drug Awareness Society in which the volunteers were told about their personalities based on the questionnaire they had filled up. They were then asked to disperse.

### NSS CAMP DAY-VI

The unfavourable weather conditions just couldn't deteriorate the NSS volunteers' energy and enthusiasm with which they had begun the exercise session of the sixth day of the NSS Camp. Their dedication towards the camp was just unbeatable. This was followed by the breakfast served to the volunteers. Thereafter, the environment society of the college 'AVNI' planned the activities for the day. The task of painting the flower pots and trees was assigned to the volunteers which was not only enjoyed by them but also the task was completed sincerely. Some of the volunteers along with the help of two teachers, Ms. Sarbjit Kaur and Ms. Harinder Kaur analysed the survey conducted in village Kajheri. Then, the volunteers and the members were served with tasty lunch. This was followed by fencing of the herbal gardens and bushes. The members of the NSS alongwith the volunteers then enjoyed the bonfire and the music. Everyone was asked to disperse after some time.

### NSS CAMP DAY-VII

Beating the winter jitters, the NSS volunteers as well as the members had once again congregated on the seventh day of the NSS Camp to bid adieu to the wonderful camp they had been a part of. The NSS 7-day Special Camp came to an end today that had begun on 15th December. The volunteers swept clean the college campus in the morning. The chief guest for the valedictory event was Mr. Zulfikar Khan, from Theatre Age which is an NGO that channelizes the youthful energy of the underprivileged slum children into constructive avenues like theatre. Our respected Principal, Mrs. Manjit Brar, started the event by addressing the audience and introducing our esteemed guest. Then, Mr. Zulfikar Khan told the volunteers about the tough life he had lived and encouraged them to live life fully by doing good and earning a good name.

This was followed by reading of the NSS reports in order to tell some highlights of the week. Then, a small video was prepared by the two NSS volunteers which gave a flashback of the complete NSS camp. Thereafter, the college theater group, ASEES, showed up a skit to add flavour to the closing ceremony. This was followed by the distribution of "Certificate of

Appreciation” which was given to 20 volunteers and 2 volunteers were chosen to be the “Best Volunteers” of the NSS camp for their outstanding performance and involvement throughout the camp and were presented with the “Certificate of Excellence’. Then, Dr. Rosy Walia, NSS Coordinator, appreciated the volunteers for their good work and enthusiasm. The ceremony ended and everybody then generously donated newspapers and clothes to the Theatre Age. Thereafter everyone was asked to move for lunch.